



# The National Holiday Fund

for Sick and Disabled Children



The National Holiday Fund for Sick and Disabled Children takes chronically or terminally ill children, temporarily or permanently physically disabled children, on a unique international adventure to Florida, USA.

In doing so, parents, carers and guardians can take a full 2 weeks of much needed respite.

Our groups are fully insured and we provide complete medical and nursing care. This enables us to offer this amazing holiday to sometimes very sick children who would otherwise miss out.

**We need your help to raise funds to help us continue the adventure.**

**If you run, skip, hop or jump. Run Bingo nights, quiz nights, car boot sales. Have a company which likes to donate to charity or would like to help us in any way, we would be very grateful.**

**Any ideas or donations always gratefully accepted to  
NHF Office, PO Box 318, Great Yarmouth, NR29 4WT.**

**OR**

**[www.nhfcharity.co.uk](http://www.nhfcharity.co.uk)**



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